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Questions in School Hygiene. By GUY MONTROSE WHIPPLE. Syracuse: C. W. Bardeen, 1909. Pp. 88.

The author states the purpose of this volume in the following words: "This Bulletin is devised to stimulate the interest of students and teachers, to afford a guide for reading and discussion, and a means for promoting and testing the intelligent assimilation of the subject-matter that it represents."

The volume contains selected lists of books, American periodicals, German works, and foreign periodicals on school hygiene, and lists of questions grouped under the various topics related to the construction, equipment, and sanitation of the schoolhouse, the hygiene of instruction, and the hygiene of the school child. At the beginning of each topic is given a list of selected references and suggestions for further reading.

The subject of school hygiene has developed so rapidly in the last few years that a well-arranged synopsis of the subject-matter and bibliography as presented in this book should prove very helpful to all teachers and students.

The wisdom of including strictly medical questions in a bulletin for laymen would be questioned by most physicians. On p. 72 appear the following questions: "620. What are the causes, symptoms, and methods of treatment in chorea or St. Vitus' dance? 621. What are the causes, symptoms, and methods of treatment in neurasthenia? 622. What are the causes and symptoms of epilepsy? What is the distinction between 'petit mal' and 'grand mal'? What is meant by Jacksonian, focal, and psychic epilepsy?"

The Body and Its Defenders. By FRANCES GULICK JEWETT. (The Gulick Series.) Boston: Ginn & Co., 1910. Pp. viii+342. \$0.65.

This volume, and another book entitled *Good Health*, constitute a new two-book series of the Gulick hygiene books. The most essential material in three of the books from the five-book series has been condensed in this volume. The new point of view in hygiene instruction is well exemplified in the plan and in the method of treatment. Emphasis is placed on health and habits of right living, rather than on structure of tissues or the mere mechanical operation of organs. The latest scientific material on the sources of the common diseases, the method of avoiding them, and the problem of increasing vital resistance in the individual is presented clearly and concisely. One of the many valuable features of this book is the comparatively large amount of most interesting material on the hygiene of the nervous system. It is difficult to estimate the gain in national health, prosperity, and happiness that would result if the present generation of children learned and put into practice the health-principles contained in this book.

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